



DIMPLE  
DDS, AACD  
DESAI

# DIMPLE DESAI

Bio

Dr. Dimple Desai is an award-winning dentist with a passion for excellence in cosmetic and restorative dentistry. As an American Academy of Cosmetic Dentistry accredited dentist, she is among the very few dentists across the world with her level of skill and knowledge.

Dr. Desai started her career in dentistry as a dental hygienist before continuing her journey to become a top-accredited, peer-reviewed, and published dentist. Her dedication to providing a superb experience and flawless smile to every patient is reflected in her accreditation and high standards for cosmetic and restorative dentistry.

In addition to her clinical work, Dr. Desai was a clinical instructor at the University of Southern California Herman Ostrow School of Dentistry and a key opinion leader for several manufacturers. She is committed to staying up-to-date with the latest technology and techniques, which she shares with other dentists through her engaging presentations and demonstrations.

Dr. Desai's passion for giving back to her community is evident in her creation of the Luminous Smiles Foundation in India and her contributions to the deaf/mute orphanage. She is dedicated to teaching children the importance of good oral hygiene and preventing tooth decay at an early age.

Dr. Desai's achievements and leadership in the field of general and cosmetic dentistry have earned her many awards, including recognition as one of the nation's Top 40 Dentists Under 40 in 2020 and being voted by her peers as one of the Top Dentists.



*"Honestly one of the more interesting composite bonding lectures I have listened to"*

*"Excellent presentation: I was on faculty at a dental school for multiple years and have presented multiple lectures at state and national meetings. I know excellent when I see it. THANK YOU!!!"*

# Education

## COLLEGE

University of Southern California: 2002 Bachelors Degree in Dental Hygiene

## HIGHER EDUCATION

University of Southern California: 2008 Doctorate Degree in Dental Surgery

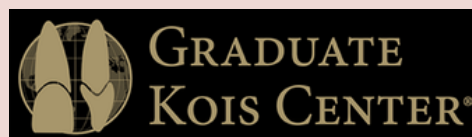
# Memberships/Affiliations

- Accredited Member of the American Academy of Cosmetic Dentistry
- Adjunct Clinical Professor at USC 2018-2020
- Omicron Kappa Upsilon Member
- Advisory Board Member for the West Coast Seattle Study Club Chapter



# Honors and Achievements

- Top 40 Dentists Under 40 Award
- Top Dentist in Orange County
  - 2020, 2021, 2022, 2023, 2024 - Voted by Peers



*"She was a wonderful speaker, friendly knowledgeable"*

*"It was in depth and would definitely apply it to my clinical practice"*





*"She explained bonding techniques very detailed, and answered questions clearly."*

*Courses*

## QUICK ENHANCEMENTS WITH COMPOSITE BONDING

*Bonding techniques*

Option to include a Live Demo

Half day

Often times, after clear aligner therapy, the patient is left dissatisfied with the worn and chipped incisal edges of the upper anterior teeth once their teeth are in the correct functional position.

A conservative, enamel preserving and methodical method of composite bonding can result in excellent esthetic results. I will show cases of worn incisal edges post clear aligner therapy and clinical tips on how to perform composite bonding in a step by step approach. The techniques will help the clinician with composite shade selection and bonding protocols. Lastly, shaping, contouring and polishing the composite will be demonstrated.

### Learning Objectives:

1. Review bonding protocols
2. Learn indications for incisal enhancement composite bonding
3. Learn to Choose the correct composite shade when performing incisal enhancement procedures
4. Learn to prepare bonding on anterior teeth
5. Demonstrate contouring and polishing techniques





# Courses

*"Thanks for reminding me what can be done with direct restorations"*

## ESTHETIC AND FUNCTIONAL BONDING

*Minimal to Maximum*

### Full Day Hands on or Live Demo

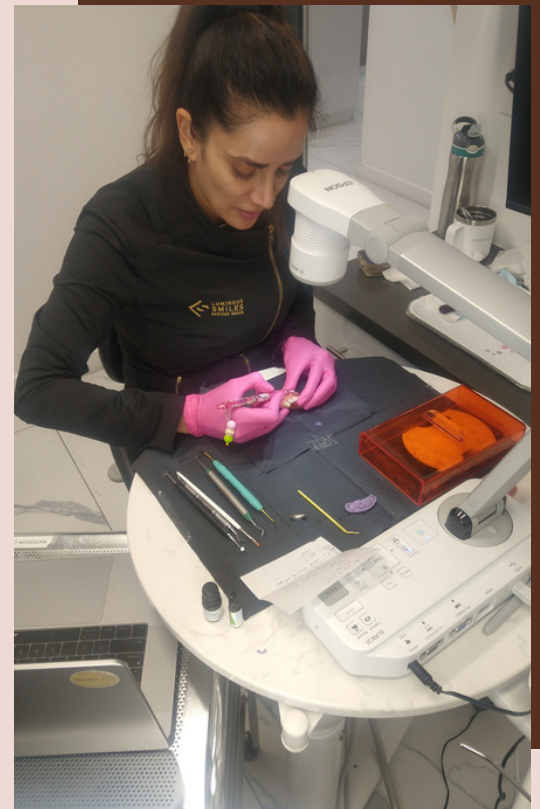
Patients come into our office with misaligned, chipped or discolored teeth. However, due to social media, patients are more fearful of "drilling" on their teeth. Therefore, they become very apprehensive to treatment.

It is crucial to educate and communicate to our patients and use a more conservative approach to enhancing their smile. Step one is aligning the teeth into the correct position in order to have long term results with composite bonding.

Step two is assessing where and how much is needed to enhance the newly positioned teeth to create a more esthetic result. Composite bonding can be as minimal as an incisal chip to transforming teeth with composite veneers

### Learning Objectives:

1. Discuss how the alignment and occlusion affect final esthetic outcomes and longevity of a restoration
2. Learn how to match composite shades to the existing teeth
3. Learn the indications for minimal bonding vs maximum bonding
4. Review the preparations for minimal vs maximum bonding
5. Review post composite bonding instructions



# Courses

*"She is a true artist and she has definitely crafted her skill. Very interesting to watch."*

## SETTING UP FOR SUCCESS

*Pre Restorative Orthodontics for Minimal Prep to Maximum Results*

### Full Day

With the use of the latest digital tools, materials, and techniques, it is possible for Dentists to help a significant number of patients achieve their stated goals of improving their smiles using minimally invasive treatments with ceramic veneers. Cosmetic treatment in the anterior region often involves the placement of porcelain veneers using conventional approaches that remove healthy tooth structure in order to achieve highly esthetic outcomes. Although conventional approaches to porcelain veneer treatment are still prescribed for the majority of the patients who receive cosmetic care, improvements in restorative materials and the development of conservative techniques allow clinicians to deliver highly esthetic outcomes using minimally invasive or no-preparation veneers in cases in which clear aligner therapy is used to correct a deep bite and straighten misaligned teeth. Esthetics can be successfully achieved with conservative techniques in cases involving underlying factors such as Class I deep bite malocclusion with proper case selection and occlusal management.

### Learning Objectives:

1. Discuss how to correctly align occlusion and set up for minimal preparation ceramics
2. Learn how to communicate with the ceramist for high esthetic results
3. Learn how to document and photograph pre preparation and preparation images
4. Learn how to create a simple checklist for you and your assistant to follow
5. Understand how to take final post cementation images to share on social media



# Courses

*"Quite an artist in dentistry"*

## BEGIN WITH THE END IN MIND

### *Planning & Executing Esthetic Direct & Indirect Cases*

Full Day

Starting with a clear vision for esthetic cases allows for the seamless development and execution of a treatment plan. Esthetic tooth wear, whether caused by functional or chemical factors, can be addressed through clear aligner therapy or by tackling the underlying chemical issue. Success in planning esthetics relies on choosing restorations that ensure long-term success. Photography is crucial for effective communication with ceramists in indirect restorations and plays a vital role in evaluating direct composite cases and aiding in shade selection. Team members contribute to the communication process. Completing a checklist brings the esthetic vision of your patient's teeth to reality.

### Learning Objectives:

1. Develop and understand the importance of having a clear vision for esthetic cases
2. Identify and address causes of esthetic wear on teeth
3. Correct esthetic issues with clear aligner therapy or chemical factor resolution
4. Select restorations for long-term esthetic success
5. Utilize photography in communication and evaluation for effective esthetic planning
6. Engage team members in the communication process for collaborative esthetic planning





# Contact

TO SCHEDULE:



CLICK HERE

*rare bird speakers*

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